

## I. Environment

Santa Barbara County will make every effort to:

- Prioritize capital improvement projects to increase opportunities for physical activity and health when adequate funding is available;
- Plan and construct an environment that encourages walking, biking and other forms of active transportation and physical activity when adequate funding is available;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Support and promote Safe Routes to School interventions;
- Expand community access to indoor and outdoor public facilities through joint use agreements with schools and other partners;
- Increase opportunities for physical activity, including complete streets policies, compact, mixed-use and transit-oriented development;
- Include health goals and policies related to physical activity in the general plan update and specific area plans.

## II. Healthy Food

Santa Barbara County will make every effort to:

- Increase access to fresh fruits and vegetables by supporting the development of new grocery stores, community gardens and farmers markets in underserved communities and by including healthy food retail in compact, mixed-use and transit-oriented development policies, proposals and projects;
- Include health goals and policies related to access to healthy food in the general plan update;
- Consider incentives for development project proposals to increase access to healthy foods by residents and employees;
- Examine data on racial, ethnic, and socio-economic disparities in access to healthy foods and physical activity and adopt strategies to remedy these inequities.

## III. Employee Wellness

Santa Barbara County pledges to adopt and implement employee wellness policies that will:

- Offer employee opportunities for health education, healthy eating and physical activity;
  - Offer employee incentives for healthy eating and physical activity;
  - Encourage physical activity or stretch breaks for meetings over one hour in length;
  - Accommodate breastfeeding employees upon their return to work;
  - Encourage regular stretching, walking meetings, use of stairways, and ergonomic work stations and processes to enhance productivity and prevent injury;
  - Set nutrition standards for vending machines located in county owned or leased locations;
  - Set nutrition standards for food offered at county events, county sponsored meetings, served at county facilities and county concessions, and county programs.
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