

RESOLUTION NO. 2016- 66

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SANTA MARIA,
CALIFORNIA, DECLARING THE CITY AS A
HEALTHY EATING ACTIVE LIVING (HEAL) CITY**

WHEREAS, the League of California Cities (League) led the way with a resolution in 2004 which encouraged cities to embrace healthier lifestyles and communities; and

WHEREAS, two years later, the League adopted a resolution to work together with the Institute for Local Government, and the Cities, Counties, and School Partnerships to develop a clearinghouse of information that cities can use to promote wellness and healthier cities. The Healthy Eating Active Living Cities Campaign grew out of these resolutions and is a partnership of the California Center for Public Health Advocacy and the League; and

WHEREAS, the Recreation and Parks Department promotes exercise, fitness, outdoor recreation, and enrichment opportunities to engage families in healthy behaviors with programs and parks available to the entire community; and

WHEREAS, more than half of California's adults are overweight or obese and, therefore, are at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, health educators assist eligible schools, agencies, and coalitions in developing and implementing programs that promote healthy eating, nutrition education, and physical activities, toward the prevention of obesity and related health problems.

NOW, THEREFORE, IT IS HEREBY RESOLVED that the City Council hereby recognizes that obesity is a serious public health threat to the wellbeing of adults, children, and families, and declares the City of Santa Maria a Healthy Eating Active Living City.

PASSED AND ADOPTED at a regular meeting of the City Council of the City of Santa Maria held this 7th day of June, 2016.

ATTEST:

Chief Deputy City Clerk

Mayor

APPROVED AS TO FORM:

By: _____
City Attorney

APPROVED AS TO CONTENT:

By: _____
Department Head

By: _____
City Manager